

Stick Curling Clinics, both **Basic** and **Advanced**, to be held on **November 8th**, 2024 at the Steinbach Curling Club

Cost for each clinic is \$10.00 per participant with a **maximum of 20 participants** in each.

Instruction provided by volunteers from the Manitoba Stick Curling Association.

You will need clean curling shoes and dress for ice conditions. A limited number of sticks (and brooms) will be available for your shared use.

The Basic Clinic will be from 10:00 AM till 11:30 AM with both instruction and time for several ends of curling. You will learn how to deliver a rock using a stick as well as the rules of stick curling. You will then get time to play several ends to practice.

The Advanced Clinic will be from 1:00 PM till 3:00 PM with both instruction and time for several practice ends. You will receive pointers on game strategies and a volunteer from the Manitoba Stick Curling Association will be there to answer any questions you may have. There will be 4 – 5 Instructors from the Manitoba Stick Curling Association, including two-time Canadian Champion Warren Johnson.

Registration thru [Curling IO](https://steinbach.curling.io/en/leagues) at <https://steinbach.curling.io/en/leagues>, register via email to [Steinbach Curling Club](mailto:steinbachcurl@live.ca), email steinbachcurl@live.ca, or by phoning Denis Vassart at 204-392-5996. Payment of \$10.00 for each session you wish to take can be paid when you arrive at the rink.